

ORIGINAL PAPER

Clinical Nurses' Satisfaction with Night Shift in Selected Hospitals in Ile-Ife, Osun State, Nigeria

Oluwasayo B. Ogunlade, RN, RM, RPHN, BNSc

Department of Nursing Science, College of Health Sciences, Obafemi Awolowo University, Ile-Ife, Nigeria

Adesola A. Ogunfowokan, FWAN, RN, PhD

Department of Nursing Science, College of Health Sciences, Obafemi Awolowo University, Ile-Ife, Nigeria

Correspondence: Oluwasayo B. Ogunlade, Department of Nursing Science, College of Health Sciences, Obafemi Awolowo University, Ile-Ife, Nigeria, West Africa
E-mail: larinwa@yahoo.com, bolaogunlade@gmail.com

Abstract

Introduction: Nurses as health care providers work during the night to cater for the needs of patients, and it is essential for these nurses to be satisfied with the work environment during night shift for quality nursing care.

Objectives: the objective of this study is to determine nurses' experiences and their satisfaction with night shift

Methodology: Cross-sectional design was adopted for the study. This study was conducted in two hospitals in Ile Ife. One hundred and eighty six nurses participated in the study and data was collected using a validated questionnaire. Institutional review board approval was also obtained for the study.

Results: Findings showed that, 25.3% reported they usually had 2 nurses work in a 21-30 bedded ward during night shift, and majority of the nurses (83.3%) did not usually have break during night shift. However, many of the nurses (55.4%) were fairly satisfied with night shift. A significant association was found between gender and satisfaction ($X^2 = 8.058$, $df = 2$, $p = 0.005$); and also a significant correlation was found between numbers of beds on the ward and satisfaction ($r = 0.8$, $p = 0.002$). Inadequate staffing and inadequate devices for protection from hazards were among other factors that contributed to their fair satisfaction with night shifts.

Conclusion: It is concluded that satisfaction of clinical nurses with night shift is a product of number of nurses on duty, and facilities available to work at night.

Keywords: Experiences, Facilities, Nightshift, Work environment