

Abstract

Original Article

## The Psychometric Evaluation of the Turkish Version of the Compassion of Others' Lives Scale (The COOL)

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**Abstract**

**Background:** Compassion has been an attractive subject for the public and the health service sector in the last decade. Nursing service without compassion leads to the patients' dissatisfaction therefore compassion is required for health service practices as a guiding principle.

**Aim:** This is a methodological study and aims to test the reliability and validity of the Turkish version of the Compassion of Others' Lives Scale (The COOL).

**Methods:** 349 nursing students took part in the survey research between January and February 2015 and 100 students were retested. Cronbach's alpha coefficient has been used for the questionnaire's reliability analysis.

**Results:** The analysis reveals that scale items were concentrated on two factors as it was in the original scale. The factor analysis found that the two factors explained 44.10% of the total variance. Factor 1, alleviate suffering subscale had the most explanatory power with a total variance of 34.70%. Demographic characteristics should be taken into account while dealing with compassion.

**Conclusion:** Turkish version of the Compassion of Others' Lives Scale is found as a reliable and valid scale. The Compassion of Others' Lives Scale might be helpful for measuring compassion level in health professionals.

**Keywords:** compassion, empathy, nursing, reproducibility of results, Turkish