## ORIGINAL PAPER

# Mobbing Experienced by Nurses Working in Hospitals: An Example of Turkey

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#### **Abstract**

**Aim:** This study was carried out to describe the levels of mobbing and causative factors experienced by nurses in 5 hospitals in Turkey.

**Methods:** A descriptive study was conducted. The research sample was consisted of nurses (n= 282) working in five public and two university hospitals with over 500 beds of İzmir province. A questionnaire consisting of seven demographic, questions based on nurses' opinions related to mobbing, and Mobbing Scale were used to collect data. Validity and reliability of Mobbing Scale has been made by Öztürk et al. (2007).

**Results:** Most of nurses (53.2%) have been stated that they experienced mobbing. The mean total mobbing score of nurses in our study was found to be 161.98±45.04. Clinical nurses experienced more violence than nursing managers. The mean total mobbing score was found to be higher in nurses worked in internal departments than nurses worked in surgical departments.

**Conclusions:** Nurses should be educated about preventing of mobbing in their educational period and in-service education.

**Keywords:** mobbing, mobbing scale, nursing, workplace violence.