

**Abstract**

**Case Study**

**Nursing Care of the Patient after Breast Conserving Surgery  
According to Life Model: A Case Study**

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**Abstract**

**Background:** Providing systematic and holistic nursing care to the surgical patient improves patient outcomes and patient satisfaction.

**Aim:** The aim of this case study was to determine the effectiveness of using the Life Model in a patient who had breast conserving surgery.

**Method:** Data were collected according to Roper, Logan and Tierney's Life Model under 12 headings. Nursing care was planned and implemented according to Life Model.

**Results.** Anxiety due to planned surgery, acute pain due to surgical trauma, risk for bleeding, impairment in nutrition: less than body requirements, risk for hypothermia, activity intolerance, social isolation, risk for loneliness, knowledge deficit and fear of dying are the nursing diagnoses determined according to NANDA classification.

**Conclusion:** Roper, Logan and Tierney's Life Model is an effective approach in providing systematic and effective nursing care for the surgical patients.

**Key words:** Roper, Logan and Tierney's Life Model, nursing care and case study.