

ORIGINAL PAPER

The Reasons for the Application of Traditional Medicine: The Example from Çanakkale, Turkey

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Abstract

Objective: This study was made in order to identify the reasons for the application of traditional medicine.

Methodology: This descriptive study was performed in the center of the city of Çanakkale. The study was created at the Cevatpasa Family Health Centre for individuals aged over 18 with 8512 participants. The method was determined by random sampling of 400 volunteers who were enrolled in the study. Data was collected using a questionnaire prepared by researchers in a face to face interview method. The evaluation of data used by researchers SPSS 13 was used to evaluate the distribution of the frequency and average.

Results: 82.8 % of individuals had at least in the past year for various reasons applied for the application of conventional medicine. Most common reasons for applying to conventional medicine were as follows 56.3% the method is natural, 53.0% easy accessibility, 47.0% when selected to be correctly effective, 43.0% to be harmless, 38.0% not wanting to use drugs, 37.7% were afraid of the side effects of drugs treatment, 28.5% think that drugs are harmful, 26.0% reliability of traditional medicine were the reasons given.

Conclusion: Many of the reasons given by people for applying to traditional medicine is that it is accessible, acceptable and a reliable method. In this context the negative views and experiences of modern medicine planning can be changed with well planned proposed changes.

Key words: Traditional medicine, reasons for the application, Çanakkale, Turkey.