

SPECIAL PAPER

The Importance of the Early Sending to the Nephrology Team within the Health Promotion

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Abstract

Introduction: The kidney disease is a common situation, it is accompanied by a significant morbidity/mortality and despite the development of substitution renal functions methods (SRFM) and transplantation, the prognosis is unfavorable.

Aim: The aim of the present review is the assessment of the necessity for sending to the Nephrology Team (NT) in the early stage of RF.

Results: Lately, it has been documented that the timely sending to the NT, can significantly improve the survival of patient with kidney disease. On the contrary, the delayed sending has as a result not only the non timely measure uptake for the delay of the loss of renal function, but also the later therapy for the uremic complications.

According to Eadington (1996) the sending is considered as a delayed, when the provision of healthcare services could be improved with the timely contact with the Nephrology Services.

Both in Europe and North America, the delayed sending comes up to the 30-40% of people who are inducted in dialysis.

The benefit from the early sending to the NT, it is important and consists of the regimens for the delay of the kidney disease development, timely information for the patient about the SRFM, timely vascular preparation or other kind of accessibility, non-urgent dialysis initiation, patients' training, lower financial cost, less hospitalization days, transplantation preparation and lower mortality.

Conclusions: Optimal sending is the timely sending since it makes possible the diagnosis, the delay of the development of KD and the prevention of the complications. Furthermore, gives time for the appropriate medical and psychological preparation of the patient and the initiation of dialysis in the appropriate time.

The measures which should be adopted include the improvement training and communication of healthcare workers and services interference, as well as the enactment of guidelines.

Key words: kidney disease, prevention, health promotion, communication, quality of life.